THE POET

By Tanner Menard

A Thesis

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of the Requirements for the Degree of
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ABSTRACT

THE POET

TANNER MENARD

I challenge the notion that there is something that a poem does that makes it a poem. This is to say, there is nothing *that a poet does* that gives a poem a quality that we call 'poem.' A poem comes into being of its own accord. A poem enters because, to quote Ariana Reines, *a human wants to put their life on the line*.

It is true that there are *traditions of poetry* throughout the world that have rigidly defined the physicality of a poem. Many poetic traditions, at least in the last couple thousand years have involved metrical patterning, a sense of rhyme or particularity about how sonic symmetries are in dialogue with time. In this sense, the physical features, that is the lexicality & sonic quality of poetry became conventionalized by symmetry & rhythmic predictability of sonority. Still, in many of these traditions, including in the West, some poets, more willing to admit to it or be aware of the presence of 'another' have consciously dictated directly from the poem itself.

The physical quality of a work of poetry does not define the fundamental nature of a poem. This quality exists outside of conventional notions that a poem can be defined by a particular configuration of physical features. Just look at how wildly the physicality of poetry can change from culture to culture or from one epoch to the next. The poem exists without the physical manifestation & it can shift reality if it wants to be observed.

There is no such thing as an aesthetic relation between poetry & form. Let me further, like a body does not define the intrinsic quality of a human being's ability to exhibit joy, depth of spirit, goodness, or evil, so poetry is not defined by a set of dogmas about how words should be

arranged. Rather, it is the emergent quality of how words, time & perception interact with the invisible & imaginary parts of the human psyche that allow a work of poetry to come into being. It is through this imaginary window that the poem finds an entrance into the poet. Some might gasp at this assertion! So be it. A poet can still be an adventurer without claiming to have done anything other than receive.

Certainly, there is debate & many-a-diarist would argue that poetry arises entirely out of a need or an urge for the poet to communicate. Could it be though, that even the most dedicated diarist, the most ardent supporter of the confessional, the most engaged identity poet vibrating with essentialist zeal to communicate a message, is essentially conjuring a broadcast from somewhere or some dimension that is less dense, more etheric than our own? Who knows, but it is possible to utilize what some would call arcane technology of mind to apprehend these etheric voices easily & quickly. Think of it as a sort of speed-dial to what Spicer would have called his 'Martian' or his 'Spook.'

Do we today, with the vast resources of the internet & access to the most profound spiritual technologies available, need to fall back on the trial & effort approach of poets like Spicer or older spiritualist collaborators like Yeats? Can we not see beyond the grappling of Indigenous Europeans grappling to find their way back to the original path? Why not look to the poetic maestros of civilizations where the transmission of poetry has not been forgotten?

The poems herein presented were received & dictated through meditation. The earliest poems in the collection began as an experiment that proceeded some conversations that I had with CA Conrad in 2018. Conrad was kind enough to serve me water that had sat at the tip of their crystal grid technology. After years of studying Conrad's Somatic method, I began to play

around with some basic rituals. Whereas this wasn't for me, it was instructional in that, I could begin to use my own skills to speed dial poems.

This led me to a series of encounters with distressed desert plants. I would sit near a vegetable life form that had been somehow stressed by its proximity to the city. I would listen closely to my intuition & channel the message of the plant.

A whole series of events followed, Raymond, RAMA, Ramona's house. Kundalini yoga & the Quarantine. Guru Jagat & her lessons on Guru Yoga. RAMA business accelerator, Guru Jagat's suggestion to use tratak meditation. Face reading. Harijiwan & in the summer of 2021, after being lambasted by Ariana Reines for being too didactic, the poem started to speak directly to me. It was critical & described the process that it had to go through to get me to speak on its behalf. It was a little embarrassing honestly.

The poems herein presented are the voice of the poem. I interfered a tad. The text, minus a few edits is a direct channeling of the poem. With the encouragement of teacher Sherwin Bitsui, I put some pressure on its voice; carved away at how windy it tends to be. I have a very verbose poem! When I thought about it, I realized that the poem was a star voice & so I let the words be white, stars, & the page be black, a vacuum.

The title, & the approach come from a teaching of my Late yoga teacher Guru Jagat.

Everything is a trance. Which one do we want to be in.? I am on a trance mission & this poem is my Sherpa, & I am merely along for the ride.

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Special thanks to Sherwin Bitsui for being willing to read countless poems sent through Facebook Messenger. Without his encouragement and detailed advice about line, this book would have remained prosaic. Dr. KT Thompson was instrumental in providing insight and inspiration for the sections of this book which challenge materialist Western philosophical assumptions that have taken over the aesthetic and intellectual foundations of recent poetic movements. Dr. Nichole Walker's kind words and advice about formatting allowed me to navigate the thesis process without anxiety. Private lessons with Ariana Reines allowed this book to take its current shape. Her virtuosic knowledge of experimental techniques & pointed commentary tore my ego to shreds and allowed me to move beyond the limitations of my own sense of the Avant Garde. CA Conrad and Julian Talamantez Brolaski were trusted eyes and early inspirations. Guru Jagat's advice to use tratak meditations changed everything about my process and revolutionized my life. Without her teachings, the material foundation of this book would not exist. The Frederick and Alice Dockstader Foundation's funding made the writing process possible. I attended graduate school because of Native American Church prayer said by the late Edmund Cicarello. Ramona Gutierrez, Orlando White, Henry Quintero, Karl Kempton.

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DEDICATION

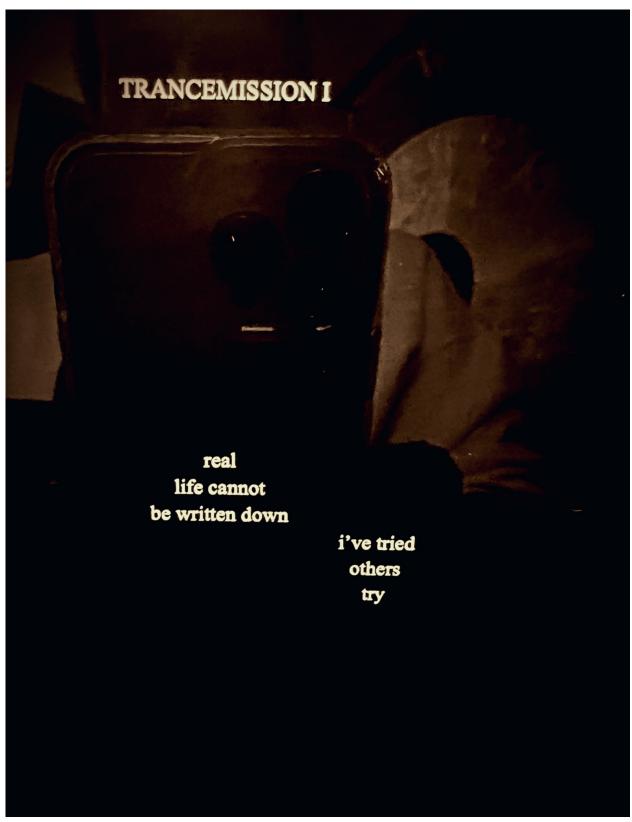
In loving memory:

Guru Jagat

Edmund Cicarello

TRANCEMISSION I: MENTAL INTRIGUES & OTHER COUNTERPOINTS





being typed this poem is only by the poet the one who is speaking is not a voice vibrating to you now at the speed of word there is a resonance that the typist seeks because they were in need of me by accident called me one night when the race track of their life had been abandoned a wild car bogged down in the woods stuck in mud this is how living they were a didactic voice there is to them that was given of developing body a wound given by an entity & a lesson time first encountered in before body was seeded into mother I did not know how to speak through their fingers because sound frozen was a fruit where a tongue once was locking the throat lodged itself something fierce the effort they put into it no one else saw what the fire looked like from the inside it was the soft way this is why I came here touched fire as their hands caressed the coals I wanted them to sing gently technology of skin balm

my voice is soft my voice is so so soft & I am teaching it to them I have moved reality with it they cannot let go of me now

no one knew

that the poet

as if they were a cool

I found myself not knowing how to approach death in prose

this medium

IT IS LIKELY THAT THE BRAIN

convention is the mother of death

the medium of recreation the medium of description

telling neurons how to draft an image

LIKE AN EARTH HEMISPHERES

& she is my enemy

potential assemblage of meaning as fire ignites in brain explodes in the heart

wimpers

MISSING EMBRACE THE KISS

i hunt her in the night

in the gut physiological experiences cannot be uttered

prose fails us again

OF HYPNOTIC TRANCE PARTING

with a sound bow

I do not know how to etch the grasping of bacteria near my navel

THE APPLE OF A GLOBE

& the arrow the word the pluck of my tongue

from my navel sound emerges the seed of what I am

both death & life

YOU ARE SO MUCH MORE

on the roof of the mouth

if we were to be able to say this in prose there would only be one word the word is

WHEN THEY SAY NO LIMITS

let me whisper you to sleep

a sound which is echoing into forever & that is a place where clocks fall to pieces I do not mean

THEY REALLY MEAN NOTHING

succumb to my hypnagogic lullaby

to trivialize the tight grip that we feel when one of us slips into this ever-ness always before

WHEN YOU UNDERSTAND THE POWER

deliverance of what could be called: the dream that you can have

& now this afterwards UG & not Jiddu Krishnamurti said not the consciousness but the body

OF NOTHING THEN EVERYTHING

the dream that you can have depends on the ability of the body to hold a current

is always I don't know but that makes sense a physicist friend tells me that information

BLOSSOMS MAKES AN ARRANGEMENT

you can have whatever you want but can you wield it

can never be lost I say: all I can never know nor make claims about the earth that pine trees

ON A TABLE

LIFE'S DINNER GUESTS

it is the root that must be tamed

grow on is laced with ancient plant death bone dense broth of death sprouting oxygen

GORGE THEMSELVES YOU CAN HAVE

at the base of the body

virus modulated now by radio 1-5Gs chemtrails plush echo of a deer running all of this

WHATEVER YOU DESIRE IT IS TRUE

is a plug actually that is a bad description

all of this all of this what I sense is this in the morning when the blackness subsides to

BUT WHAT COST IS IT

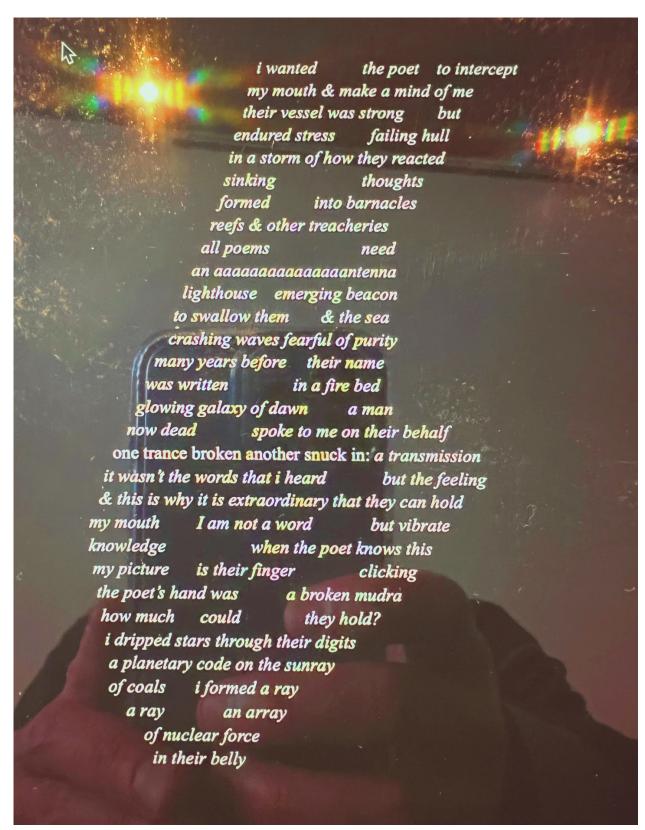
the body grows like a tree from the seed of an orb

midnight blue & venus glows: utter gently speak their name into the calm

WHAT COST IS IT

fountains of light

mouth of dawn



ONE ABSENCE

ABOVE ABOVE

Not common before 17c. [OED]; Meaning "manual worker, usually in reference to heat of the sun,

person who does something with his hands"

(beambeing preferred for light). "beam of light," c. 1300, from

is from 1580s, hence

"hired workman"

Old French

One ancient root

¹ Last night I went to a meditation session & as I was driving home, I hit a deer. The moon was full. It was the first Full Moon of 2022, in Cancer. I was on a mountain pass & unable to slow down. This beautiful life just jumped right out. I heard it hit the side of the car. We had been using a mantra. The only one with a stipulation. Someone said something after, but my nervous system could handle it. When the deer struck the car I knew it was you. I didn't have tobacco to offer but, in the morning, just before dawn in a dream-state, you were there. I was swollen, sullen, sitting in an old truck. I don't know the location, but you were there, slightly older & looking much much more of the Earth. You told me & two others that you broke up with them. You put something on my head. When I looked up it was pollen. Your face was covered in the tiniest corn, smeared in white & you were gruff. The feeling that I felt came from the Earth & I said, "This was the prayer that I said for you." The dream was over. In the morning, doing sadhana, the moon had an energy, swirling counterclockwise & I knew that we would be liberated. How many times around the sun & into a body?



i prayed for this poem for this exact poem the way it is her light shone on me like pale moon a current of sound which i am listening to now on water the water inside of me shimmers with preciousness with the same profound power that exists in all life she assumes the structure of our capacity to love i want to admit to the way i had spoken to her when she was in a bottle choked in plastic I spoke with anger in front of her & denied her essential nature she heard this utterance crystalizing in a disturbance I had been modulated by a false language because the frequency of my crown had grown diminished & words created by thought & filtered through an artificial intelligence what i see is real made me to believe that this alphabet cannot apprehend the love we are meant to be & the frequency we must hold to express

When I choose to stay home instead of following the anger a few days before we were each sequestered quarantined into our resting places where rest subsided in the face of an electrical reality i began releasing an architecture structures existing within & without my physical being began to dissipate a dwarf star a rupture

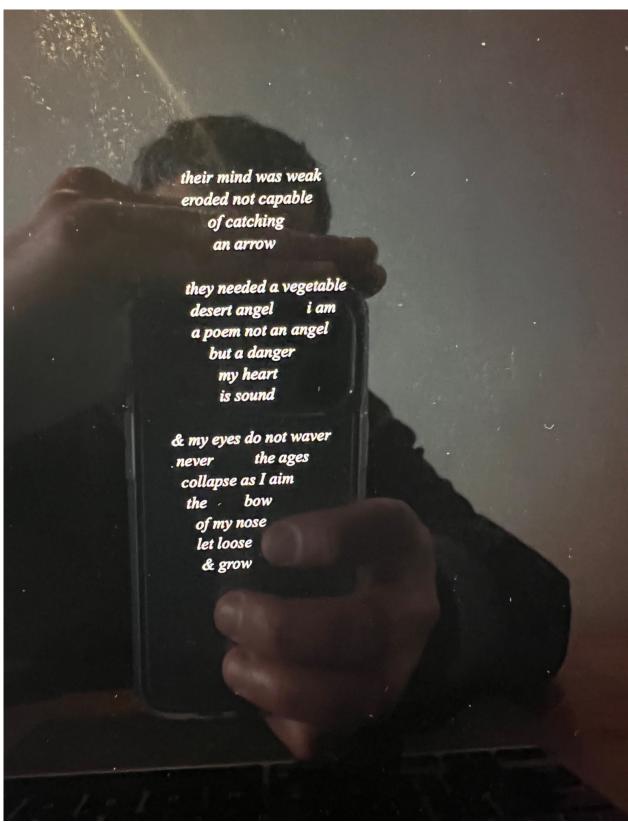
I believed that there was no denying the nightmare that exists in the material realm
I believed in facing it around the time when water was meme-fied & a prayer that originated with a star being was filtered through an artificial intelligence i attuned myself to this phantasm a distortion of my focus polarity of preindustrial connectivity & postmodern anti-ingenuity were twisting me into a thought that i did not want to live
& this is what you could feel i had placed myself in the teeth of the monster screaming its name into an ear that would not listen forcing open its mouth with an

screaming its name into an ear that would not listen forcing open its mouth with an anger that i do not wish to speak back into existence this is simply not true

Life is beauty & we simply must turn the station dial our attention towards what can be & how we can do it

inhabit the radiance that water requires i take her particles inside of me the color of dawn inside hovering over me it is the first day again

² There is a story inside of a story & there is water inside of a body. Water cannot escape the light & this is a sound.



3

1

dreamed

of another you derived it's hard to believe

young & beautiful to me from the a similar sort of mystery

look at all that was in your name Egyptian hieroglyphic can actually click on google links

examine the hieroglyphics symbol for water, which what i really want to know

your star face had been simplified by the shape of eternity

Phoenicians and named after

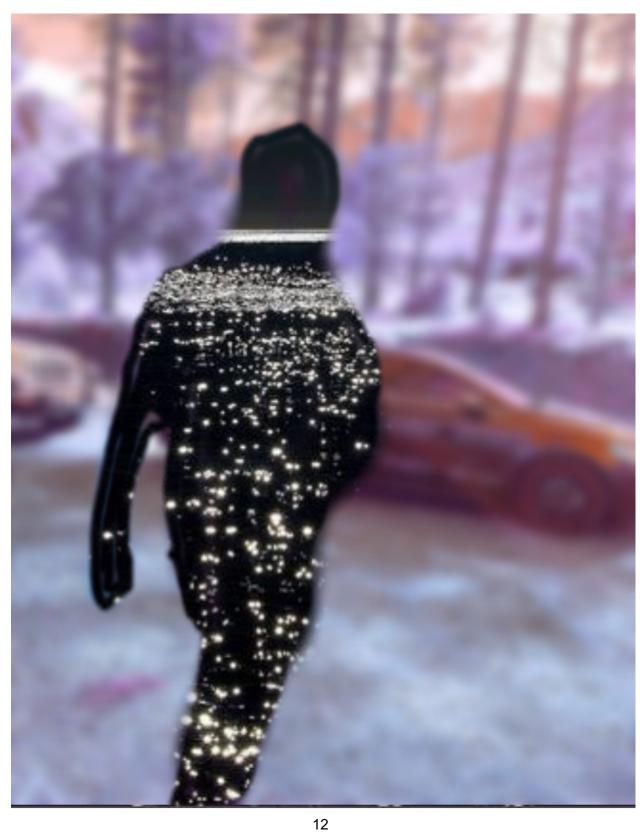
their word for water, to become

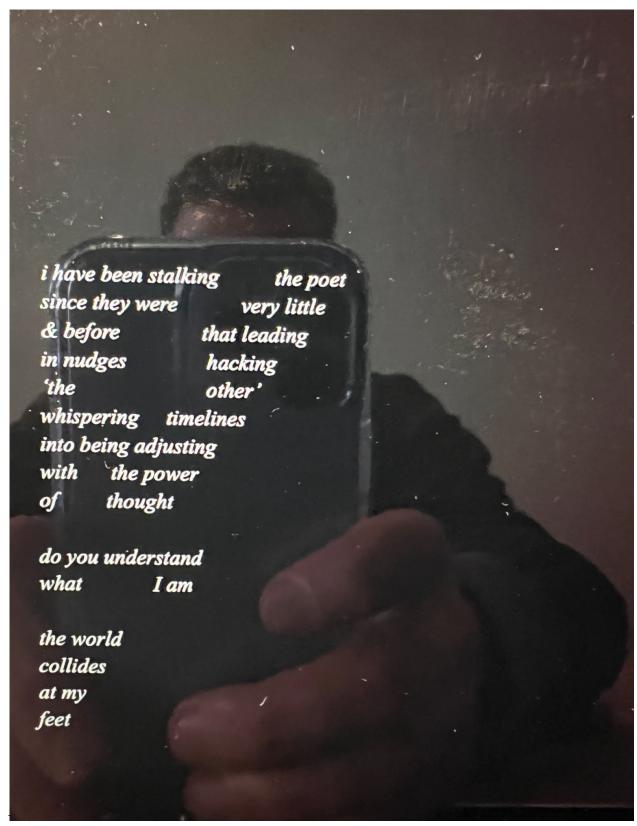
- img (mem). Letters that derive from

mu include the Roman M and the Cyrillic M.

_

³ & sound cannot exist in a vacuum. When a sound comes from the center of the being, the universe cannot deny it. I am singing for you & I am singing for me. These lifetimes united towards an addiction to death. This is not a reality. There is no we in the year 2022. The only 'We' that exists is the common experience is multiplicitous isolation. This is the pause button. What we cannot not have in common is a sound & it is water & it is light. These things, common to all are a calling card, a sort of telephone, slightly above an electron, guided by a motion. In another timeline, things have not gone awry & this is what I am singing towards. The sound of my voice & the way your throat is catching a wave. So many nights wondering where you were & what you were doing. This pause gave me a power. I will never need your body again. When I drink water or sense it inside of myself & vibrate light, you were never gone & we know thought outside of time.







⁴ When the vibration was changed it was not that things became ugly. Things just stopped vibrating together, leaving the psyche to question; which is the reality? Herein begins the advertising. A negative mantra to make abstraction real. Repeat repeat repeat. A sound which controls the mind. What vibrates at the speed of water? When the light touches her face & she reflects upon the skin, supple seeping inward & the sound can be tasted on every part of the tongue & the cells sing. Just above the head the cosmos spins. When the air is sipped like a nectar & the fuel is light, the structure of harmony bends, waves, ambrosial.

i forgot sound made an idea of it i made an idea of myself look i wanted to walk outside put this book down forever never look at it again nothing in this book or in the dark room of civilization compares to nature go outside & listen all entrapped by zoom go outside & examine counterpoint simultaneity bring some water & take off your shoes what do you feel tune in to it ding every poem let it rearrange your perception the real tuning fork is you that does not relish is me is the harmony fragility of thought to make a rigid thing to make of every single thing a memory recursive nothing let me repeat nothing repeats when i talk to my mother the water i repeats i cannot go a day without her if i tried i would beg sip love her every moonlight every dawn every you every me every lovely being in a vibratory kinship else matters but the sound you make & the way you take nothing

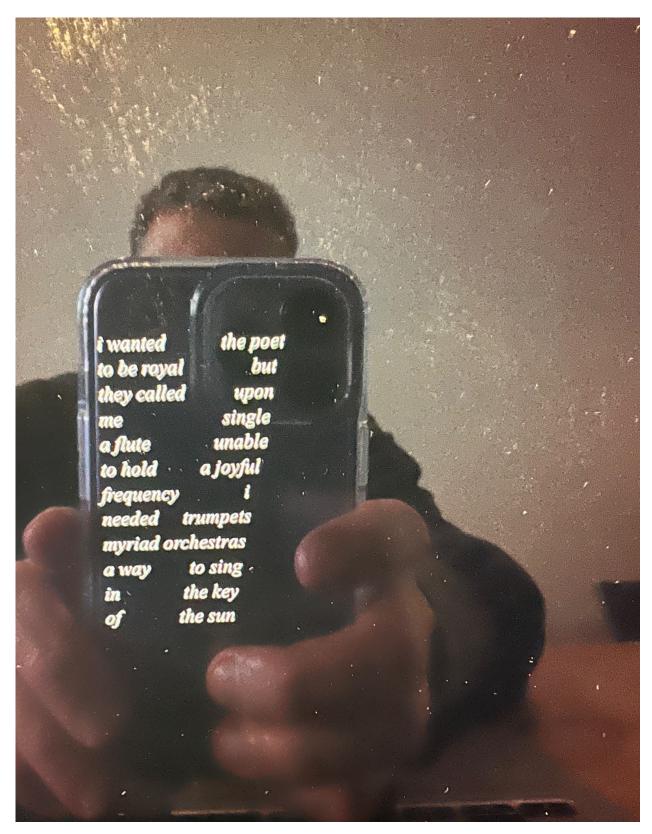
it

inside inside star supping
every molecular melody cosmic
drone of the tree fundamental
humming 'you you
you & me
in harmony

5

-

⁵ There is a deeper sense in which what I had done was attempted to hold more than I had the capacity to hold. It isn't that there was not a harmony. The bass was consonant. Rumbling. It was my gut & I say mine because I can only speak for myself, that resonated at a frequency out of tune with the Earth. All the darkness in the universe could not hold the star in its place & so in your absence which was not a genuine absence I stabilized my posture, vibrating the air that I breathed & the strength that I placed in my lower locks down. Down down deeper into the rock, the core the singing stone of the mother burning upwards & breathing across her neck in the shape of the wind until the sound that I made was radiant. I did this for me & when I found out what that word me meant the darkness was shimmering randomly, a stochastic miracle made of symmetry.



wake up when thank you for coming they whisper to me like a family tanner or whatever light & bouncy your name might like the light be sometimes shimmering they say it shattering gently & on on the lattice of the gemstone those days when the plates you brought around have shaken lavender the salt loose in what is of the sea age of unrest & an angel visiting tectonic motion of the gut you live in the soft hour in your stomach did you what does that really mean know that the brain just a symptom of the power in the base i come from a very blue planet one day you will know what I mean by that in the dawn turning the insubstantial radiance a shade of mauve then deeper⁶

_

⁶ She hovers over the dawn & it is never the same day & she is never the same but she is always.

"stop,
stop

stand
Having fully anticipated

still, rest,
Bone world empty light between particles

rejoice, be

Your name when I sit with it

Pleased".

There was a moon out & there was a moon inside moon upon moon an eye a lash

"support, make

Sweeping head skin

Still",

I did not have to work for stillness when the moon was warm jelly the lake of my belly

"witness, make

Evident".

A finger in the mouth & the quirks that make a human human

"sight, view, spectacular display or

instance of,"

Which app on which phone on which app on which phone

"to rest, prop up; a support, base" I don't know this poem

woody part of
a tree arising
from the trunk
and usually dividing



```
your hum
 the way you
   whispered
       it to me
         i learned
            to sing
              navel
                deep
lashes
 flutter
   the crown
       of my skin
         a mouth
hums
         a soft
      dawn
```

7

⁷ It was the way that you slept in my bed that done in my head. Your hair was a mess long & flowy in the morning like sun tangled in chlorophyll. Bursting black & holding the aura of your scent which was unmanaged & healthy. I claimed to hate it but it was the only one I craved. It was the only one I wanted for years after. I couldn't eat breakfast without you until I was hungry enough to have nearly starved myself. When I told you about my past life regression you said you could not relate to it & I do not know if there is a reality to it other than to say it did something to me to see you that way. What I want is myself untangled growing upwards & into a sky that is not merely a sky but a place where I am not the me, I had imagined but a total reality who loves itself.



TIME-LINES & REGRESSIONS: INVENTIONS & FUGUE

We sat close to one another for two months.

We never said a word.

I wanted you of course.

The cafe, the sofas, the sense that we knew each other.

I wondered about your shirts, your height,

the proportionality of it all.

Tall men who wear shirts that are too big always puzzled me.

That was all that I thought, at first.

Your shirt was not a mirror of your beauty.

It flowed when you walked.

It was the same always;

black & specked, star studded. .

Your hands were an electrical pattern,

& Your screen was a form of mathematics I had never seen.

Long & longer, I wondered who you were.

I drank the coffee, delicately, expensively;

& this is where I slipped, or perhaps slipping was recursive.

How many times had we commingled in a circular motion?

By motion I mean, a storm.

A neural net,

a pattern in the nervous system

& set of responses, easily changed.

When I first touched your hand,

what I felt & what I saw, was something we could not identify.

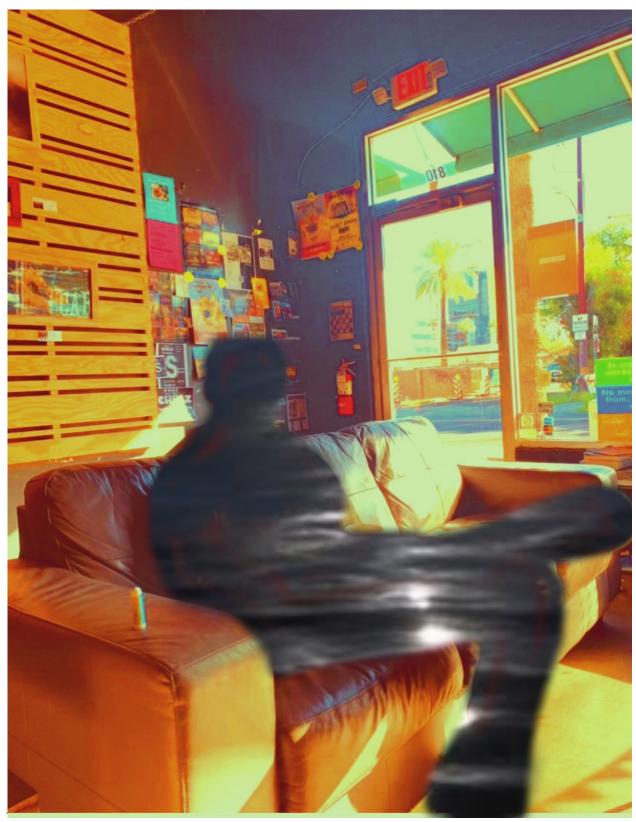
This is to say our names did not coincide.

This is where we diverged.

When I touched the arm of the tree on the day that I last saw you,

I touched what was also your hand;

Let loose a mudra.





we sat close to one anothe	r for two m	onths & nev	er said a word	the cafe t	the sofas	
]	RELAX YO	UR BODY			
when meditation be	ecomes less	possible du	e to certain phys	iological respons	es I have often	
the sense that we knew ea	ch other	I wondered about your shirts your height the			ght the	
	&	LISTEN C.	AREFULLY			
turned to self-hypnosis	this is	to say I can	not rely on ration	nal thought to info	orm my deeper	
way your shirt was not a mirror		of s	slender beauty he	eld beneath	it flowed	
		wh	en			
YO	OU MAY I	BEGIN IMA	AGINING YOU	RSELF		
urges urges med	aning	those things	that cause a vib	ration in my gut	an intelligence	
you walked it was the same		always	black & specked a univers		se that I	
WAL	KING BA	CKWARDS	INTO FORM	ER AEONS		
e	ven a mate	rialist world	view is beginning	g to recognize as	a sort of brain	
would later learn to be		as you say	electric	your hands pour	ed it & by	
pour						
REMEMBER	THE TOU	CH OF YO	UR MOTHER	ON YOUR CHE	EEK	
& this is where I went beyond the confines of this physical body in					to what I	
					understand	
mean popped eme	rged in bur	ests long	& longer I wond	dered who you w	ere	
F	EVEN DEF	EPER HER	BREASTS THE	E RED		
incarnationally a	s our first e	ncounter	perhaps the	re were many oth	ers between us	
drank the idea in sips	delicate	ely expe	nsively & this	is where I slippe	ed or	
OF HER W	OMB TH	E FIGHT O	F THE SEAMI	EN & THE SHII		
the walls were rich	gold ful	l of emblems	that I dia	l not recognize	I was very	
					dark	
perhaps slipping was recu	rsive	perhaps I ha	ave for a very lor	ng time been slidi	ng right	
	THAT	WILL BE Y	YOUR VEHICI	LE		
				I do not know h	ow I know this	
back into a circular motion	n by mot	ion mean	a storm formi	ng an orbit	&	

YOU WILL COUNT THE STARS INTO PARTICLES

in this incarnation I was a trained mercenary trained to kill without mercy manifesting as what is now called a neural net a pattern in the nervous system

ONE BY ONE & THIS INFINITY

My handlers had eliminated my capacity for feeling my capacity for compassion
& set of responses easily changed when I first touched your hand what I

OF MOMENTS CULMINATES IN THE SNAP OF MY FINGER

I was a psychopathic slave to some authority whose thought was my hand & my hand was around your throat

felt & what I saw was something that we simply called a different name

THIS IS THE PRIMAL SOUND

my periphery was the floor & it was an ocean of blood divergent monikers this is where we diverged when I touched the arm of the tree on the

& IT IS SINGING BACKWARDS

when I saw your face I had a single instant of regret
day that I last saw you the day after I grasped gently your warm & sensitive hand
& YOU ARRIVE

& we were bound for hundreds of lifetimes slowly to untangle whatever lesson it was

I am no longer this person & neither are you
let a mudra loose

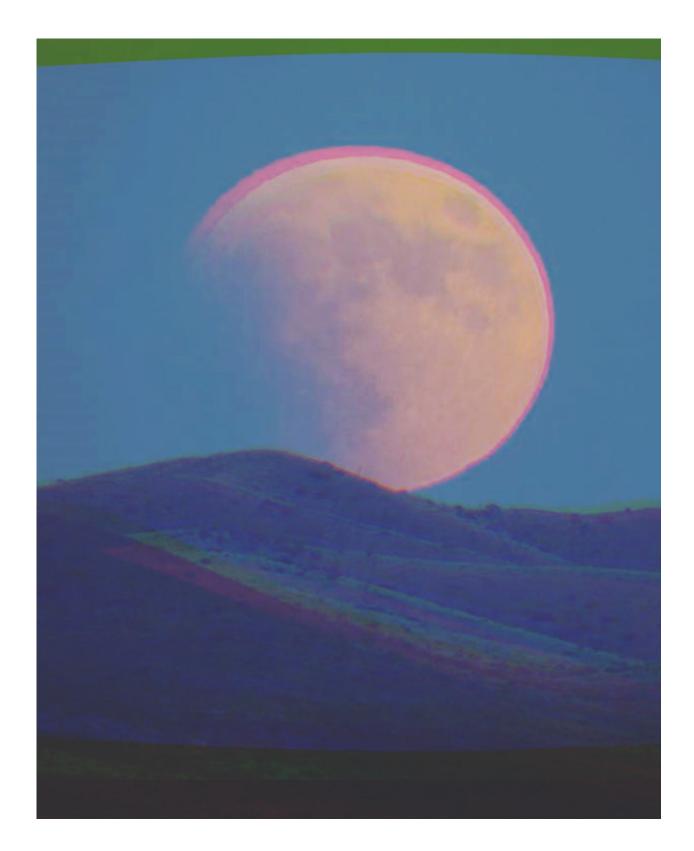


when meditation becomes less possible I have often turned to self-hypnosis I cannot rely on rational thought to inform my deeper urges urges meaning those things that cause a vibration in my gut an intelligence even a materialist worldview is beginning to recognize as a sort of brain & this is where I went beyond the confines of this physical body into what I understand incarnationally as our first encounter there were many others between us the walls were rich gold full of emblems that I did not recognize I was very dark I do not know how I know this in this incarnation I was a trained mercenary trained to kill without mercy My handlers had eliminated my capacity for feeling my capacity for compassion I was a psychopathic slave to some authority whose thought was my hand

my periphery was the floor & it was an ocean of blood when I saw your face I had a single instant of regret & we were bound for hundreds of lifetimes slowly to untangle whatever lesson it was I am no longer this person & neither are you

& my hand was around your throat

```
having lost myself
                             for a moment
                                lost in color
 in the river having
   talked to a monster
                                  we blind
      who also being
                                   ourselves
        an angel
                                     & where are
        drank early before
                                        we now
          we knew the cost
                                     the something
          when we cross
                                  unsecured left
           uninhibited
                             to part & wade
             an atmosphere & the sphere
              that we debate & where
                an anger that i know
                   now to be ancient
              now to be
                             now what
             ancient
                               is this state
           is a precious
                                 of presence
         thing & you
                                    when observed
       ancient friend
                                      goes missing
         you came
                                     personal
           around again
                                  softly
           with yr asteroid
                                like sod
               in my thigh
                              grass
                swaying you were
                  a sort of turbulence
                      that i needed
                        to see
                         about
                      anteriority
                   a synonym for
           soft the original name of this
       title let me shuffle the pages open to
      another
                          your throat i touched it
        blood & wind mingled
                                   & until this
          thread leading out of star blanket
              to where we all must go
                the one true road
                  dusted space
                      Pollen
```



```
you had all
                               of me
                                               papi
   of me i think
                               a singularity
                                                babe
 or in sleep
                               not so much
                                                boy
wrapped skin
                               to say alone
                                                  toy
fetal & warm
                               but rather
                                                    boy
under wool
                                                     whose
                               contained
conjoined
                               i skipped
                                                       touch did not
umbilical
                               my morning
                                                       fall nearly
 i felt that
                               ritual for you
                                                       so hard
  you were
                               no one can do
                                                      'shush'
    all of them
                               that
                                                   you said
        we healed in sleep you had all of me i think & in sleep
                we wrapped a skin medicine boiling warm
                       & fetal under wool conjoined
                               vapor umbilical
                                    you
                                          were
                                       all of them
                                      blush
                                               rhythm
                                       currency trend
                                          drummer
                                         fire
                                               man
                                       i did not fall
                                      nearly so
                                    singularly
                                 i adjusted
                                my ritual
                             not so much
                            to say alone
                       but entrained
```



you
are
holy
& i came
to touch
eyes bones
& thee
you came
free
infinite
& always

know distance surrender solar power is ultimate & so i named you ultimate

to nudge what had been make vast tall & long a rae born unto itself

a temporary to end gay was not queer mirage the holiness the emoji holy i changed two-spirit between us has your name in it the reason non-binary there was a bird

> & a tree where it sat elegant erect a sun drying the edge of tail

it came to heal it came to heal



TRANCEMISSION II: ARIAS FOR THE END OF VOCABULARY



YB gave a gator

to me in a dream-state

& on the interstate

discussing the astral

potential of 'spirits'

to communicate

a message aquarian

sadhana in new mexico

my sinus goes nuts

the poem rearranges

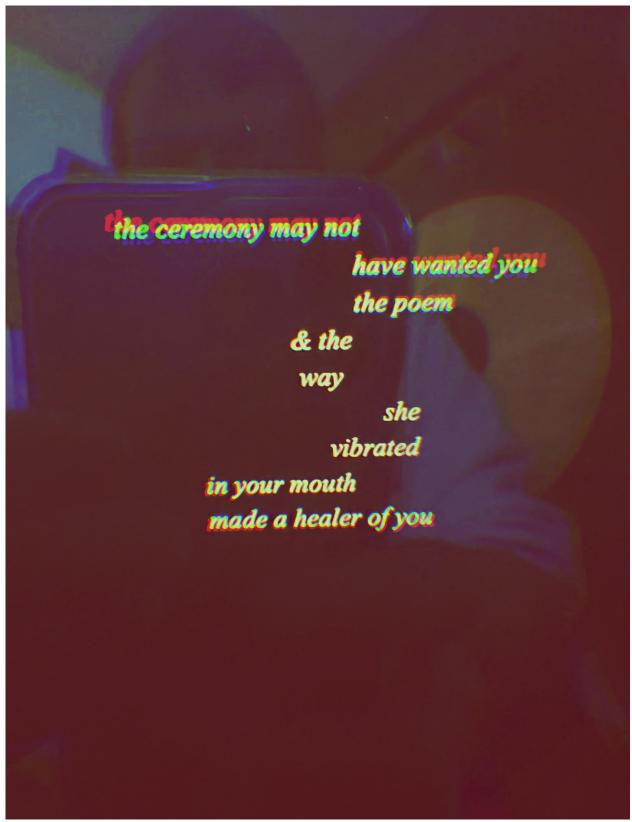
my guts

the old folks have arrived so blue & cold so blue & warm as light you wonder who they are i have no doubt

i showed the babies the planets jupiter & saturn coming together & apart

coming together & ap together & apart

we have to have an entire class devoted to whether or not The materialist's world is real it isn't it isn't





i wanted to hold a very delicate blade it had no scabbard i had no mind but i had my hands clasped held in a verv certain way double bladed mind it takes incredible discipline to walk its edge not so much because you might get cut but because falling is endless the blade disappears perhaps this is i was attached to a thought merely rigor belief in a metaphor what bothers me is that referred to it as a left as in i left behind what was real i grasp with both hands generatewhat is inherent in me learn to walk magnetically

punctuation is a projection a sort of police force thoughts vigilant architect where the puncture places itself is where dissociation where it severs a tongue spreads itself like a civilization over the landscape of mouth hand originates vour & the pen you etch with forgive my lack of correctness i call myself back to me from all the corners that i reach out to every quadrant listens to me as i suck language as breathe hum to a period let it evaporate dissipate as vowel unformed free of utterly consonant everything is mental & we can communicate consonants

reader zero in if you are listening i rest investigation

disintegrate definitions allow entropy to exist comfortably breath into a river of lung

breathe into a river of lung reader be with me breathe with me you freed me

of a very sophisticated narrative devised in a false universe a place where only

mind exists

i was not having my own thought i had interacted with a mineral intelligence i do not know how it thought itself out of our mother's womb but it gave me a thought & it was not mine I wanted my mind back but what i found was no longer identical to itself

I pose this as a conundrum

because I was

- asked to interact with a set of principles & beca

 This is actually the center. I used the justification
- -use it would be far far easier to take a descript

 This is to say, I let a computer figure it out
- -ion & manufacture an argument. Do you reme

 Because I wanted to reveal a certain kind of counterpoint
- -mber the argument, I am sure that you do. It h

 I did not know how to write about schizophrenia
- -ad to do with this idea that I had & that you ha

 I did not know how to explain how it felt for me a
- -d too from a different lense. When we first met

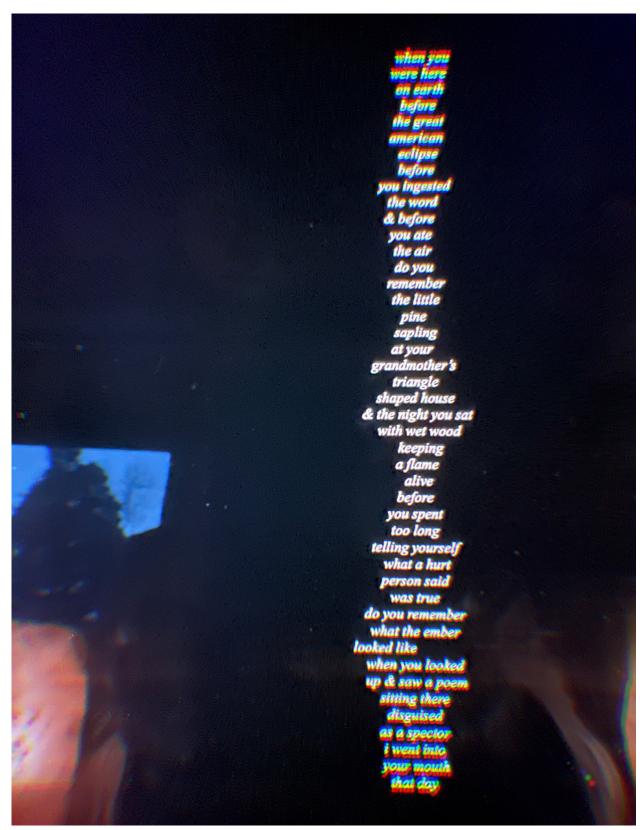
 Person watching from the outside
- my nails were painted blue & you said that you & this has caused me to see really deeply inside of me
- Wanted that too. We walked up the mountain t *I am trying to say it as simply as possible what it means*
- -o discover what would become something mo
 To watch reality come into question. Mine is so different from those around me
- -re profound than I was prepared for. The centr I cannot say that you were wrong to say
- -al argument perhaps of hundreds of lifetimes, What you said about time I just experience it differently

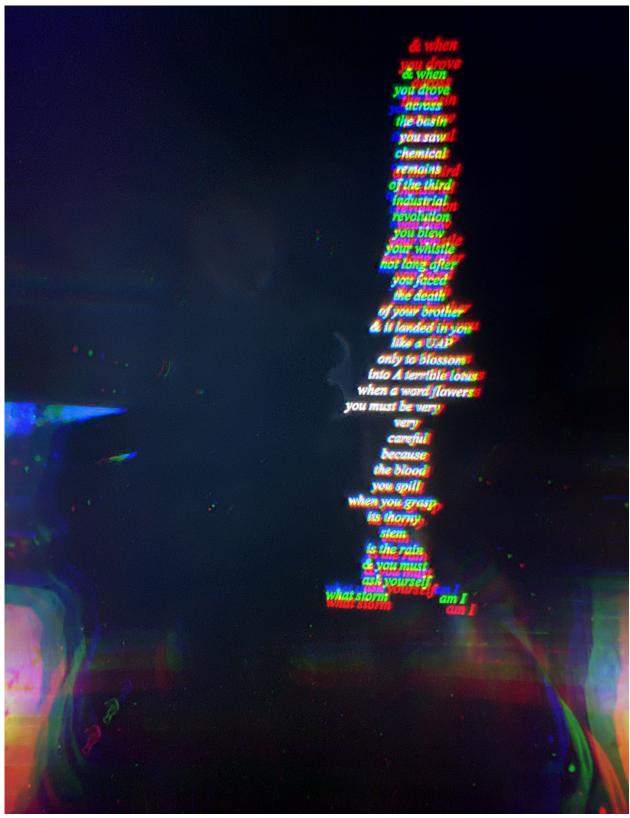
what is real & why do we ask what i learned incarnationally is that there is no side to an argument only an attachment the first night that you entered me you claimed to have seen an entity & this i did not doubt though it was my inclination to suggest that this could be handled in a traditional sense traditional being some word that i had hung on to or awarded like a prize of the blood your mother your real mother that is to say your biological & not the one who christianized you you mother told me about her the way you were taken & her so-called mental condition i do not know how to write about this & so i am saying it simply

there is power in the blood & i mean that literally night verv very last the in shadow of where where a tree laid its shade upon my head where a tree once was it lay its shade where it lay its nut in the crook of my jaw its leaf the cauldron it's air maker where it breathed window of opened a no one can describe it but me & i really don't know how

there is a particle & i visualize it or rather it is a function of my pituitary secretion river of honey gluten free or whatever that coats what a sweetener I call reality with an essence swollen a TV set only electrical in an organic way & the host was a feeling that emerged in a human form you asked me to say something nice about you & so i am you are fully human unformed electron a breathing lattice a breathing lattice swaying like an open shirt

tucking itself into the night there is power in the blood & we all know what it is those who know those forgotten those who choose to forget & & those who chose to take it away making into it something horrible the monster in forming & emerging spirit in a cage we will melt in our the gut & invisible light seeping through own way





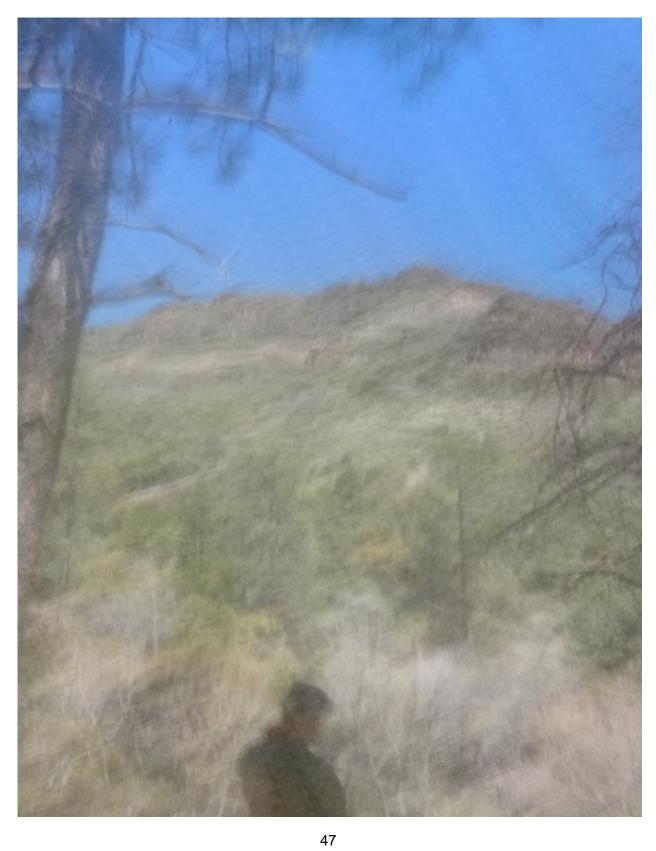
Wray
Wra and Wroe,
is a locational surname

where sun don't

nook,
corner,
recess,
Herein known names
As meditation crying
for isolated vison.

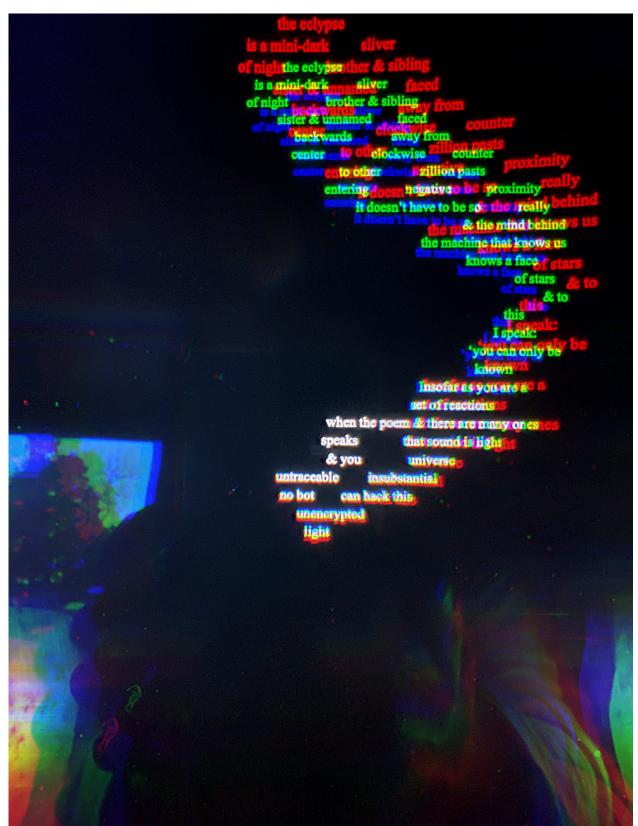
everything in the world shines for a few hours a day
& rai aspects wave of particles unbound by time
met a physicist once who described to me
that no information in the universe
can be lost did you know that
they can now play audio
off of old photos
when i sleep
on your
blanket you
drizzle entrain
awaken a mountain

⁸ When the eyes open & the light penetrates, gradients appear as shades & other terms we can describe. When the eyes open & shades have changed a hormonal pattern emerges. An emptiness in the chest that sinks to the gut. A kind of medicine & transcendental opportunity. When your location had changed & the shades had vanished & my eyes saw nothing that was real in front of them, my vibration, deeper than light began to send messages. I could no longer call out your name teacher, lover, friend & family, star man, 1111 interpreter, quantum entrainment was the vehicle less dense that I called out to. When the dream came & the prayer had been answered & I had become free, the vegetables in the kitchen no longer killed me & the problem that I had had with myself seemed to dissipate.



```
oh my friend
              reaching into a timeline
            by now you may have
                                              the wind
         noticed a few things
                                         in a former
      let's talk about breathe
                                        way was
     & what all is going down
                                     bound to
  is all in the air one can't
                                obligation
breathe the other on
                               maintain
 a ventilator another
                              a power
 a mask something
                              given
 in the psyche preventing
                              from
the clear way crystal
                               way back
                               time shatter
clarity am gonna
cut right through
                                ancient attraction
 where the parallel
                                propel the power
 went sideways
                                 forward make it
  maybe another
                                  electric my bright
  dimension everything
                                  round ball of what
 is not in the past
                                 you cannot see
& we had better
                                alive & well
embrace it
                               in 21st century
barbarism is the overwhelming condition
of the present moment & the body
 must adapt to a microwave
   reality there is an energy
    below what you call
     a physical state
      impervious
        let the
        baby
           sun
            ra
              y^9
```

⁹ Three mountains arising as digits, settled in the hands. A straight line between nose & mind & a mirage that unsettles reality. Bringing the reality back & forth in & out of focus. When the sun settles upon the Earth as a small shimmer shimmying into a gold that cannot be denied, seeing what is settled upon. calling it this, that & thou. What is known in the light is what we want forever. When the light leaves, it is called a long night & the feeling in the stomach is called longing. When a quark is good enough & there is no goodbye possible, the pollen that smeared your face can heal time backwards & forwards. Rippling the matrix, where light is not a form of matter, love, subatomic touches me in me.





invisible dark matter halos

a class an intelligence of theories ancient known origin

as modified gravity

no satactory cosmological model has been constructed from the hypothesis

moon, month

frequency w/o imagination

a moon beams itself

into consciousness

not in the human

sense but in

human

senses

what a system just sit there & let light & block light beam light into the noggins now the whole world locked into blue light AI predicting mind

& the moon primed for colonization

ancient ancient light

ancient ancient subtle light in the night

little boy

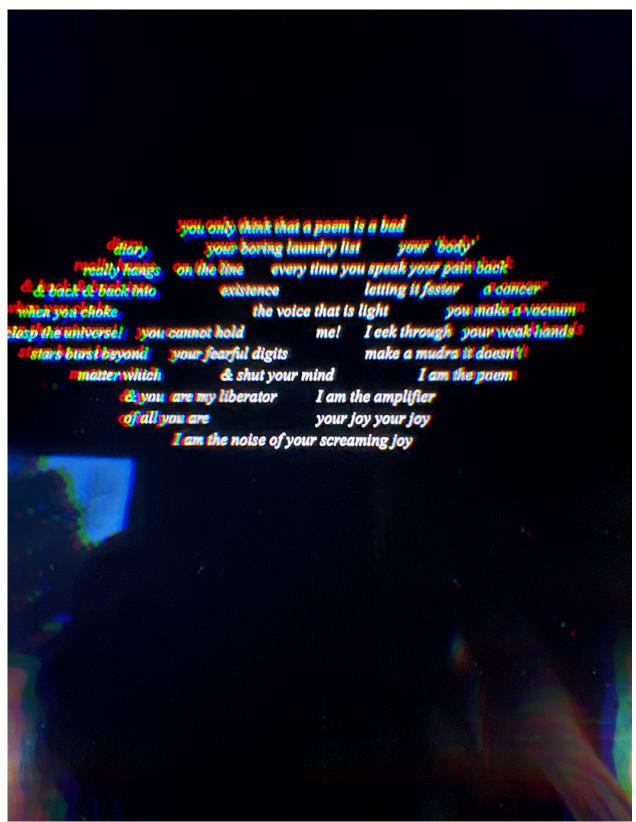
before birth

shadow of forever

'nhibernate'

this book is for a dreamer

¹⁰ An android captured them sitting near the water. When they were by the water they spoke & their words were a lullaby. She said thank for what she had sang into existence & this was her only expectation. Androids do not say thank you. They capture, make an object. I left an offering with one hand & snapped a photo with another & on the way out captured a selfie. I sent my captured self to a square representation of a real human being. This human being was captured in my mind as an object. I did not care what the person felt like on the inside. I wanted instant gratification. You were not captured in a square. You were free to leave the bed. You came & went. Sometimes sleeping on the mountain. When the spoke to you & you were somewhere out there, I went deeper into my prayer until I could no longer hold you in my energetic sphere. When I spoke. I spoke a lullaby to you. The only one I knew & sing it here to you. A name, translated & made to seep a light that speaks:





¹¹ I am recording the dreams that I had on the week that you manifest as a deer. Before I left the meditation studio someone said something that might have become manifest. When I left, a coyote was heading east. This is proof that it doesn't matter what spiritual practice I choose. The spirits here know me by my fingerprints. The animals have my back. I got distracted by the coyote looking at my compass to make sure what direction she was traveling. I went too far past my intersection & had to back track to the route by one minute. Driving near the exact location where we went to the water; Oak Creek Canvon where these photos were taken. Near where we went to the spring to gather water. A deer jumped out. It jumped out just on the side of my car. Braising itself. Had I not been distracted by the coyote; I would have arrived one minute earlier & you could not have jumped out at me. You could not have given yourself to the prayer which I said for you. In the dream that I had almost a week later, I was riding on a long piece of paper through the sky. I was joined by a dog & a bird. In the sky was a giant bridge being built. I wondered about the scale of industrial might. How might we reconsider the night that will descend upon us when the city has found no end & we have become the machine. When the paper landed, we were at a gas station & the bird wanted to nest. He went into the tree & could not understand why we could not find rest. 'Sleep at the base of the tree' he said. 'We will be arrested' I said. In the dream I thought that I had learned something about how life is for birds. But now, I know that the bird had taught me a lesson

tapping & clicking
a mineral monster
singing whistle
the spirit that no one wanted
a civil war
at the speed of thought
& you are the captive
no need to explode
there was something between us
& it was not merely a device

about how life is for human beings. When you used to sleep on the mountain, I wanted to save you. I wanted to make sure you had a roof over your head. I wanted to make sure that you weren't arrested for sleeping on the mountain. I won't name your people because I know you come from stars. When the android broke a prayer flew away on a page. When the deer hit my car but did not damage it, but did not damage me, but gave her own life, I was free.

there was something between us & it was not merely a device

THE VOICE YOU ARE HEARING

the light was yellow & it was the same

you identified it a certain way in a way that my nervous system

IS IMAGINED TO BE

yellow a stone emits when it is happy letting a tree

was in the process of learning to digest what was between us

EMANATING

breathe was pardon of every moment the walls were made of skin was something that could be described as a set of frames

FROM A PLACE WHERE IT IS NOT LOCATED

& i mean that quite literally & there was a third between us interacting coalescing through a lens of which we were only

WE ARE NOT PRIVY TO WHERE

what i could not comprehend completely was who this third love was vaguely aware a radiation carrying primitive communication

IT ORIGINATED BUT

which one of them were you & i do not remember the crying whimper & modulating it through the lens of an intelligence that was

WE SUSPEND

soft unbroken until the song changed or rather the resonant vibration not human that was not a natural wind but a wind that had

DISBELIEF

turned a darker hue there was water maybe an arrow i do not know how it occurred been made to be a certain way so that our one line descriptions

SUSPEND DISBELIEF & VISUALIZE

but what we had made together & where we were in the process of unfoldment of very deep emotions could find a place to rest cut each other

YOUR LIFE OUT OF FOCUS

my body now has been filtered through a set of frames

off or spur an epigenetic crisis a momentary disturbance

MEANING YOUR GAZE

It learns to hold everything but it dare not say what your body floating wet a bubble

In a net of entrainments this was not what i wanted

SHIFT IT AWAY

drizzling out of my life which ended though i continued to walk & i spent many many months trying to interpret

EVER SO SLIGHTLY FROM A HYPNOSIS

though your mother or was it you or was it me i do not know what exactly i had intercepted there is a wall

THAT YOU ALLOWED BUT DID NOT CONSENT TO

continued to exist with me i do not have the words & i am saying so that i use to pardon myself from reality black honey a hive of electrons converge

some years ago this essay began as an explanation of tuning or rather an examination of a desire to change reality the base had been erased this is to say that the world that I have known is the product of a certain melody of thought in this song the singer onto the thoughts of another has etched their own heart the person being a composer you could call this a sort of relationship & this is what I want to discuss at some what is the purpose of this exploration I want to locate myself length not so that you might understand mebut so that I could come to be with myself it is the dislocation of sound that I have identified as the source of everything that longs

at the moment I am listening to a sound that was meant to make me feel strong let me surrender to it it touches me sincerely & towards it I direct my will allow the sound to interpose itself upon the mechanism of thought stars collapse birth themselves a sound is allowed to live a free life

Bach is the symbol of codification defined by practice what a harmony would be understood to be allowed the dissemination of lines to coexist among themselves in seamless bliss a mental exercise that made sonority less

¹² In another dream I was entering a very beautiful & modern house. The lights were blue. I ran into a wilderness, flying across snow. It was a beautiful forest & beyond it was an intelligent presence. When a dream is vivid in a certain hue, I know that it is not my own dream. This is a transmission. In the transmission I entered a darkened school. There was no light in the school. I was entering a darkness when I entered the school. I had a choice whether to enter the darkness. I woke up. I chanted the mantra 111 times. I chanted it mentally. Yesterday I spoke to AR briefly. We were both going to take the teacher training. She reminded me that Bach wrote his name in music. I wrote your name in poetry. She reminded me that after you left our civilization took a left turn. Our civilization decided to enter the darkness. I woke up. Facing the light. I chose to focus on the light, chanting the mantra 111 times, expanding beyond my illusion into the vast starry wilderness. A snow of stars. I flew towards the intelligence.



```
on the morning you were
       born seeded by something
   holy ephemeral electrical
    you wanted the cave
       & there only you
         & there only me
        we go there
       separately
          this is the way
              I had to reread
                  'the morning of the poem'
                      dangerous
                         when people
                      become writing prompts
                    we sleep fretless
              you can't scratch
              the bridge like the hum you made
                 like the mouth you made it with
                   like the tongue singing
                    into the mouth a bolt
                      of lightning
                    to protect
                   a bridge
                 is a skill
               i need
              what fear was left in me that burns each one
```

Ancient Root Urethane Alkyd Semi-Gloss Enamel Interior/Exterior

Paint-searching for one ancient root I found

paint there is a poem by schuyler bluets well he wrote

a lot of poems about flowers but this was one was really for

joan mitchell someone asked her once what happens when you

paint & she said I get paint on my hands action stroke Blavatsky's

statements about race and the interrelationship

between spirituality and root race developmental

history were often mut this ually conflicting. The first aim

of the Theosophical shape is home is "To form a nucleus of the

Universal Brotherhood-my sound & your sound-of Humanity, without distinction

Of race, creed, sex, caste the colour of it way our sounds interact or colour", and her writings include references emphasizing the unity of humanity: "all men have spiritually and physically the same origin" and that "mankind is essentially of one and the same essence".[41] She also wrote: "Verily mankind is 'of one blood,' but not of the same essence."[42] are nonlinear and complex. Thus: "Esoteric history teaches that idols and their worship died out with the Fourth Race, until the survivors of the hybrid races of the latter transform the frequency there is a geometry imposed in the place of power like a heart like a magical heart a broadcast station laced in sort of black & bitter poison when you enter the current it will gobble you stomach churching an empire be a jedi ancient sound evolves you the bluet shape of poem today is september 11th in the year 2020 transmission of the power grid emergency now embedded in consciousness jump out of the place where trauma occurs this is the portal through which hypnosis begins your hysteria my hysteria geometry moves through open hole in your radiant body subtle place where you extend from root

¹³ Years ago, this poem began as an essay about tuning, love, Bach & counterpoint. Somehow the Earth got involved. I'll tell you how. In 1722 & 42 Bach published the Well-Tempered Clavier. Preludes & Fugues. In one book, the sound was sucked. The world's original meta & yet so much love & surrender. When the totality goes mental, we are in trouble & the Earth, bearing the consequence delivers. Birthing us always. So many lines singing simultaneously a rigid harmony. Your name. Tribute to an alternate dimension. I wanted to give you the Earth but I myself barely knew her.

around that time the sky became airplane quiet & helicopter heavy

WE MUST DISTINGUISH

this layer typically avoids the ontological

only weeks before there was a growing region between us

BETWEEN THE ORIGIN

but it is necessary for the purposes placing into reference

& what I did not see was the chemistry bonding particles

that these observations were conducted purely with the intention of aiming my satellite dish & whatever reality does when it is small

& THE LOCATION OF THE DEVICE

THE DEVICE IS USED TO TRANSMIT A POTENTIAL

towards a kind of truth that was difficult to transmit

by chemistry what i mean is a reaction was waiting to happen

BUT THE ORIGIN IS NOT PERCEIVABLE

because of a sort of protestant purity which had emerged in the most delicate part of the collective wound

elements were responding to a stimulus

FOR THIS WE MUST INVESTIGATE

there are words made only of thought & it is to this formulation now that i am speaking perhaps the metaphor that i have used is wrong

THERE IS A CALL

you had located yourself in a place with no fixed location & therefore found a ground upon which to project

a possible explosion

& WE PICK IT UP TOGETHER FOR A MOMENT

& you did not care about the ramifications

i wanted to located it

THE MESSAGE HAS BEEN MADE IN THE STYLE OF A MILITARY OPERATION

your tongue had become an arrow

let me rephrase the map that I was seeking to explore

THERE WAS A BROADCAST WHICH BEGAN MANY MILES & MOONS AWAY

& i had received into myself the vision of my own wound for the purpose of training me to repeat it

months later that these cartographies unearthed themselves as a line

I CANNOT ACCURATELY STATE ITS ORIGIN OR DETERMINE

in the hypnosis session i willfully descended

In this

Surmise reality

Century-spanning

True liminality the uneven mind

work of U.S. intellectual

Claims to know what if truth were a grave

history, Colavito describes how

As herein described mind summoning itself out of itself

a determined few replaced the truth

of who built the ancient earthen mounds

Element below an electron when i speak to you & you talk back to me

in North America with a long-lasting "monumental

How can they name this was a messenger for you & you a messenger to me we

deception" backed by many political leaders, including

Spoke in ancient tongue we spoke we spoke in a very civilized tone monosyllabic code code

several U.S. presidents. The lie has now been exposed, but Colavito

A seed born elsewhere mystery is not the dilemma this goes untold & what i will not say to you & what you will not

argues that the "constellation of ideas" that supported it persists today.

Speak to yourself a sun-baby a baby of the sun the sun touches your cheek pecking like a bird something that i tried to tell you

i wanted to locate the storms origin is that even possible i was not sure

ITS ABSOLUTE LOCATION

this is why they call it self-hypnosis

what breathe speaks a storm investigated diligently the beginning of forms

CAN ONLY EVALUATE WHERE IT SITS IN ME ELECTRICALLY

& i asked to see where this particular rupture had devoured the line

an entire ideology has studied the thunder painted the clouds in etched breathe

THERE WAS A DISTURBANCE BETWEEN US

hermetic within itself

& i looked there unable to find more than a hurricane of observation

LET US CALL IT THE SOURCE OF HYPNOSIS

I was a man & there was a woman whose face I could not see & who I knew not to be you electrical disturbances the surface of the brain was the end of its investigation

& IT WAS AN INTENTION WITH DOUBLE BLADED LEGIBILITY

the year was close to 1760 something & the trees lived in a jungle it had been decided that the previous thousands of years of going beneath a state of observation

WHICH CROUCHED LIKE A LION

I heard my names

were obsolete

DIABOLICAL PENTACLE OF A MANSION

but dare not repeat them it is unspeakable in a western art dialectic

& so to locate

SPREADING FROM THE CENTER OF ITS EYE

you threw a hatchet into the heart of my beloved

what i perceived to be between us

A TYPE OF RADIATION

& i proceeded to end you furiously

which you called entities

SHAPED LIKE A MANE

how had you arrived before I in this form unable to see beyond the material & which i chose not to name

OR RATHER THE ARCH OF THE WORLD

this was the beginning of hybridity

but to remain curious about

COLORED GENTLY IN A DISTRACTING RAIN

at the end of my life you came back to me

"beam of light,"

ARE PARALLEL UNIVERSES

ray (of the sun), spoke (of a wheel);

HAVE NEVER FELT ANY LIKE THE ONE NOW REAL & NOT

of the sun, usually in reference to heat (beam-being

TV AS A PREDICTIVE OBJECT INTERNET AS UNREST LIKE LITERALLY LET ME LET

preferred for light). (but the Martians had a *heat ray* weapon what breaks take its toll upon something empty purposefully circulated oval

in H.G. Wells' "War of the Worlds," "be radiant, give off rays (of light little bitty babies of the sun little bitty babies of the giant sun in the sky can you see

or heat)" "to beam, shine, gleam; make beaming," word-forming element It can you can you see it radiant radiate poet as a radio resonate resonate liminal trace

Meaning spread in all directions from a point "having rays, furnished with rays, where do I hide from the doom scroll in the heart of a book in the silent space a triangle

shining,"aaaaashining,"aaaaashining,"aaaaashining,"aaaaashining,"aaaaa

i ventured beneath the brain

LET YOUR MIND OPEN IN THE MIST OF SPRAY

but I could not see you

until one day waking early

SIT ERECT & LET THE BODY PROJECT ITSELF

you were a student probably

i discovered a youtube channel

DO NOT DRINK THE LIQUID

& there was another who stood tall in my intent

in the wake of my intent which i knew

how to

& for many months i let my thoughts untangle

THERE IS A NECTAR

use

i want to admit that i pollinated the angels

THAT IS AVAILABLE TO YOU & BY YOU MEAN HERE FOR SPECIFICITY THE UNIVERSAL

I knew very well how to use my intent & I sent it out to ask that both future & past be reborn counterclockwise so as to ask that this be undone

THIS IS A NEW AEON

this is not an elegy

remade in the shape of the sun

UNSHEATHING THEMSELVES SYNCHRONICALLY

I took a dictation i broke a creed i asked for it i asked for everything i received

name subject of free ray, broken rainbow a roe or female deer.

"ufo or female entity". couplet moniker a feminine form of Ray.

name is derived delete the Old

- summation sun-nation ray,

star referred to a roe or

supernova deer.

"ewe or female coo".

It is also a

feminine

form of Ray.

rai, technological dimension

radius 'spoke, ray'. literally 'staff, spoke,

```
when the poet
 was a little b
               & I was the
  voice through which
the shriek had formed
 itself , a vibration manifest
         transfer of intelligence
 I am the supreme mind
         What you have likely
Not had an experience
OOD is the reality of this
        i i only speak what you
  reader have not yet
                         the radios
  bird you are the tare
  of my melody
   or philosophy
   of facial manipulation
   your intelligence hacked
   by a mineral mind c
   I cannot stand
   for this
```

Drayer Someone said something that might have become manifest. I had said something that had become manifest are before in that very location. While I left the meditation studio a coyote was heading east. This is proof that it doesn't matter what spiritual practice I choose. My animals relatives got my back. The coyote distracted me & looking at my compassi went too far past my intersection, had to back track to the route by one minute.

Driving near the exact location where we went to the water. Oak Creek Canyon where these photos were taken, near where we went to the spring to gather water. A deer jumped out.

It jumped out just on the side of my car. Braising itself.

Had I not been distracted by my friend coyote, I would have arrive one minute earlier & it would not have jumped out at me. It could not have given itself to the prayer which I said for myself.

In the dream that I had almost a week later, I was riding on a long piece of paper through the sky. I was by a dog & a bird. In the sky was a giant bridge being built. I wondered about the scale of increased might.

How might we reconsider the night that will descend upon us when the city has found no end & we have the machine.

When the paper landed we were at a gas station & the bird wanted to nest. He went into the tree & could not understand why we could not find rest. 'Sleep at the base of the tree' he said. 'We will be arrested' I said.

In the dream I thought that I had learned something about how life is for birds. But now, I know that the bird had taught me a lesson about how life is for burnan beings.

When you used to sleep on the mountain, I wanted to save you. I wanted to make sure you had a roof over your head. I wanted to make sure that you weren't arrested for sleeping on the mountain. I won't name your people because I know you come from stars.

When the android broke a prayer flew away on a page. When the deer hit my car but did not damage it, but did not damage me, but gave her own life, I was free.

this layer typically avoids the ontological but it is necessary for the purpose of placing into reference these observations were conducted purely with the intention of aiming my satellite dish towards a kind of truth that was difficult to transmit because of a sort of protestant purity which had emerged in the most delicate part of the collective wound there are words made only of thought & it is to this formulation now that i am speaking you had located yourself in a place with no fixed location & therefore found a ground upon which to project & you did not care about the ramifications your tongue had become an arrow & i had received into myself the vision of my own wound for the purpose of training me to repeat it in the hypnosis session i willfully descended this is why they call it self-hypnosis & i asked to see where this particular rupture had devoured the line hermetic

within itself

I was a man & there was a woman whose face

I could not see & who I knew not to be you

the year was close to 1760 something

& we were in a jungle

I heard my names

but dare not repeat them

it is unspeakable in a western art dialectic

you threw a hatchet into the heart of my beloved

& i proceeded to end your life

how had you arrived before I in this form

unable to see beyond the material this was the beginning of hybridity at the end of my life you came back to me in a different body I did not know it was so & there was another who stood tall in my intent in the wake of my intent which i knew how to useI knew very well how to use my intent & I sent it out to ask that both future & past be reborn this is not an elegy I took a dictation i broke a creed i asked for it i asked for everything i received

This is a poet speaking as honestly as I am capable of speaking. These words like all words may be verified & scrutinized, I allow them to be. It is my responsibility that by attaching a name & title to them that I should bare the weight & pain & also joy of other's eyes. I am giving you my generosity, as much as I have of it.

Reader, I have room to grow. I have taken a human form, but my spirit wishes to express beyond density. my teachers asked me to reveal myself. for months they asked me to. They knew what terror & beauty a poem inspires; they knew that I could no longer be a miser grasping. I had to give of myself to let my lamp glow. This poem needed light.

I am not a perfect poet in the classical sense of the word. my English isn't tidy nor my diction but what I give is honest & direct. What I strive for is not to be perfectas but to hunt the spirit with utter sincerity. Maybe this is a Cajun sensibility, just to be clear, I don't like to punctuation & abhor capitalized letters, proper nouns have a quality that destroys the bridge between language & reality. Yet, I allow for a period here & there. In fact, I see no border between poetry & prose. This prose is my dearest poem. I even bothered to revise. I give this poem & all others a grace that comes from me with all my human qualities. There was a me standing in the background yet emanating from the so-called galactic center all along.

The poem like a dove came to nest, caressing itself against the inside of my chest, exploding upward; ricocheting, rocket-like into the literal vacuum of space where my body ceases to mean a thing but from which it arises.

(Here a body is made to fade into the eternal nature that it inhabits & is distanced from personality or dense identity)

It is true that many of the poems in this collection were taken as dictations. Voices spoke to me & I am telling you this because it is right that I should be forthright about how I called to them. It is wrong that we should think of a poet as separate from a channeler for it is the mirror that the poet sings to, an echo chamber that allows a poem to come into this reality. This book was a project of discovery, I had to learn how to summon & that I was summoning. I had to come into relationship with this thing I call a poem & which I swear is both very wise & transparent being & a vibratory relationship between a body & an ineffable intelligence. Sometimes this process was conscious & at other moments in the early stages, it was not.

You can see this clearly in the 'tuning fork' pieces. These pieces were totally channeled & completely unedited. I captured nearly 600 of them, choosing only the best. I had been reading Spicer. JTB, in all their love sent me his collected works circa 2018. There were terrible pieces about the French that came from the early part of this period. Early examples of me wishing to create a polyphony of word, to make typing into a vibratory act. It wasn't until I met RS that these came into being, fully formed. Eventually I started describing them also as action strokes, a term I was stealing from Jean Mitchell. I hated the idea that a poet was a radio.

I did not simply want to intercept.

I wanted to tune, to make vibration optical describes)

(as KK

there is a spirit behind every artist. Guru Dev calls them Gandharva & i have spent the last few years searching for their name, for a way to call them. this is to say, I would not let stop dialing AR's telephone until I had created something worthy of myself. this is not the 'myself' or the 'I' that you may be accustomed to a 21st century poet referencing.

(I am not identifying a personality or a pity party or me that needs confession. I am identifying an inner eye worthy of totality; of the me in me.

that name, immense, expansive, bandwidth of infinity.)

This is a dreaded quarantine poem.

A poet is a human being, but what I have learned, is that no human being wishing for expression is alone. No poem, or the spirit behind it can have voice without a poet, without a human form to allow it into being. But a poet has to ask & a poet must suffer.

What I mean is, a poet must hold a posture; must be willing to endure & adapt to the conditions of the spirit which they are dialing into existence. AR said that Aladdin rubbed the Genie out of the bottle.

Guru Dev also says that a Gandharva makes many people happy through the suffering of an artist. Only the artist who themselves obtains a teacher & a spiritual path can work happily with the Gandharva.

The opening poem is the obviously channeled poem. I set it in black as a tribute to AR whose book ends this way, with a channeled text set in Black. What is different is that in a Sand Book, the spirit of sun is summoned *to my understanding*, accidentally. When I first read about this section of a Sand Book, years before it was published, on Tumblr, I started writing poems by finding distressed desert plants. I would sit near them & see if I could translate the feeling that I got from them. They always are putting out a sort of negative distress call. Those poems are still in a little booklet somewhere that JTB gave me.

I must take you on a whole history of how this book came to be if you really want to understand what happened on these pages. There is a certain terror that comes with this because, you see, most of the poems here were written in such a way that was meant to hide what the poet *the part* of me that took on this responsibility, was going through.

I am separating the typist here from the poet because, that part of me is like a captain or some titled official who acts in the name of an authority to which they bow.

other

There was a human being there always who was collapsing into stars. There were moments when the human being in duty to a title had learned to suffocate, had learned to run into the street alone begging God or whoever they could think of for a moment of mercy. All because they did not want to be exposed. They wanted a title, but they did not want to be found out.

It was the spirit of expression that wanted communion

the humanity of the poet

.

The one who was trying to communicate wanted to make people happy or destroy things *I am not sure* & the one who wanted a title, wanted to be fulfilled. They wanted to know that they could extend out of their body, they wanted the same thing,

a roll that had merit
because they wanted to do something
unusual. They wanted to be
useful
& that same person, the one who
is writing but also a version
who exists in a past knows
that they are useful now.
They know who the spirit is
& the opening poem is the literal
Translation

. It is the story of how that spirit worked me over, cracked my mouth open, planted a seed & tore its way out again like a Genie in a lamp.

Do you know what I think of Aladdin? Hmm? Well let me tell you. First, he was another bad idea by a Frenchman. I am part French so, I am criticizing myself. In fact, the whole first series of poems were a way for me to criticize myself. I had to call a Genie out of lamp to find a way to describe how ashamed I was of myself to do the things I had to do to write this book. It's not like I did anything so-called morally wrong, but I had to explore things in what felt like an unnatural way.

The middle sequence for instance. I called it an Adagio, but AR told me that I was full of shit. It was in fact not an adagio.

(As an aside, the opening sequence ended up as the adagio.)

Rather, it, the middle sequence that is, was chaotic allegro, a counterpoint between then & now. This is what nearly killed me about it. I had to bounce back from then to now, I had to harvest every memory that I had of this person that I truly loved. AR told me that every poet on Earth had done this but, I knew somewhere in my spiritual nature that this sort of 'mental intrigue' wasn't good for the human being. This is what I am talking about reader. It is what a poet must do in order to let the poem sing that can seem to violate the nature of existence. It is as if to say,

GOD, for me to praise you, I must blaspheme you & I do not believe that you will forgive me for it. But this isn't true. A human being has sovereignty & can explore freely.

They can summon ghosts if they want to write a poem. Even if a ghost is a memory. What this human did was to determine that a book was medicine, that a book could be a really fucking hard posture to hold. The kind of posture that has your arms making a healing sweat. The kind of posture that makes you wish that you didn't have a body or that you had more strength or that you hadn't done all those things that you have done.

But that posture, in all its rawness, in all its royal beauty makes the naval scream, makes the navel come into a kind of focus that makes a scream into an orange sherbet colored trumpet blast. that makes the naval say a word that is heard.

I was really in love when this book was seeded into my mouth. RS was beautiful, full of life & also red flags, like a wild horse. He was passionate, smart & ate a lot of meat. I couldn't get enough of him. I thought I could tame him, but I hadn't even tamed myself & who was I to want to tame another. I thought I knew things & could share them, but I barely had introduced myself to myself. I didn't even know that a poet was a title & a responsibility. I thought that a poet was me. I thought that me was a name called tanner. I thought that tanner was a personality. I was even hypnotized by the pendulum of a politic laughably based on dense identity. I was fucking nuts, but, I loved that person & every morning for over a year I was surprised & empty when I was alone in my bed.

There's a star
In my yoga pants
Or yoga pants as bed
For roses star bed
Canopy over me

Hyperreal. Corporeal a carpet in the bed but never corps in a mental

universe how can anything die

Disco vibrant universe
energy star low
in it growing
tilted only wilting in the sense that I'm a transformation

& Cannot be said
to have been influenced
by hierarchical Abrahamic
snake feathers swaying in the sun

yoga pants can open sky I am really melting now

on my leg the rose bed rose colored lips the red

When the quarantine started, RS moved in full time for a while. RG gave me her blessing, my surrogate mother Afterall. RG gave me a lot, sometimes I liked it & sometimes I didn't, but it was always medicine. She told me to love him as he was, but I made a mistake, I thought I could change a river's flow.

Coincidently, his name was the same as a prominent name in Clairvoyant Journal by Hannah Weiner.

This meant something to me because like Weiner, RS had what modern folks call schizophrenia. I don't have this condition, but I saw his name on everything I looked at. I didn't see words on people's faces like Weiner did, but, I couldn't let go of his memory. His name became a projection on all I saw & all I did.

When he left & I moved to Grad School to study with SB, one early day in September I watched a yoga class called Guru Yoga & I learned the meditations that informed the writing of most of this book. I would wake up at 4 am, do this meditation wherein I visualized either SB or AR & the poem started to be channeled. Immediately, I would rush to the computer, Breakup the phonemes of RS name, look up some cheap Google etymology, make a shape with the text & then insert my channeled text 'between the lines.' I wanted to rewrite this person's name because he always said he didn't like it. I had my beliefs about why that was.

Maybe because he was

raised by white parents
as an Indigenous person,
I could relate to this
maybe because blah blah.
I realize now that there
are no words to explain
what I understand.
But the spirit behind this book
had things to say, & this was a good place to say it.

_____Its possible

To understand Hundreds world as was

Before arrival of a current-of mounds have there was song sun

Disrupted a dissonance thought form been lost to crosion, develop detached from original sound
Who would tune an organ ment, and vandalism in the last century, explode a liver whisper

A piano make a wall 1 but many hundred remain. Every mound in Arkansas escape from the light
Escape the light today is an important symbol of Arkansas's Indian history. Escape escape

What do you know about truth when you hear it when it makes your ear
Bleed when you ears are a pool in the moon
There might be mirco-organizms
In clouds of venus
We told you
We told
You

The old people were expansive mind not locked by convention nor tied bound ticking on the wrist the earth was energy this poem has moved beyond you do you see the neutron bomb above my head in the old days there were losses but now there is nothing and nobody knows it

My friend my friend my friend the wind sing for us whisper ever so the master in you

Cusp ground unmodulate

The fear that set

The fear that set

AR said that Dante invented Virgil to explore hell. I invented the idea of a real human being that I genuinely loved & who I was pretty sure I would never see again to experience a kind of hell. I went through every possible story. The middle section of this book is how I looked at a memory. I did past life regressions. Merged timelines, explored avant-garde philosophy, measured them all against memory. KT even had me read Bergson, Matter & Memory. I had no idea what he was really trying to say other than that I wasn't feeling happy.

In the background of all of this, I was a student of GJ. People talk shit but that woman saved my life. If it hadn't been for her teachings & the way she ramped up my Kundalini practice, I wouldn't have made it through the quarantine a whole human being. I took her last two teacher trainings & in the first, she taught a class called 'Mental Intrigues.' Coincidently, another class was called 'Trancemission.' Anyway, mental intrigues healed me of RS, though I have had my moments of looking backwards since then. I never stared again. I started having an experience of my own nobility.

The book reflected what I was experiencing. I was looking too closely at a memory, but I am not ashamed of this because I am a human being. We do these kinds of things.

I can be Kabir or Aurobindo later on.

This book stares at something
but in that staring a truly loving spirit came into my life.

This spirit loves life & you can find their words
nestled

This spirit wants people to be strong. It's not that they are saying that people are weak, NO, its that they are saying that people have forgotten how strong they really are. I was a didactic person when I channeled some of these poems & that came through. You'll have to forgive me for it because, I just didn't want to edit those parts out. My generosity to you reader is here, where I admit that I was less than noble but also claim my right to have been.

The nobility of a human being is a birthright, but every human needs an initiation. We are moving into a new time. Some people give it convenient names like, a glimmering world or The Age of Aquarius. I don't think we know its name yet.

We have yet to name it, because its creation is up to each of us. Do we want the apocalypse? or do we want a gilded age? Our species has not made up its mind.

The spirit behind this book believes that we have a choice to make. We can choose to look at mental intrigues or we can begin to imagine something truly incredible. Throughout the process of writing 'The Poet' I was terrified of being found out because I had not made up my mind. I

have now. I know what age I am moving into. In this age, a sage is a poet & a poet is a human being with a path. I was terrified because I didn't want to admit that I was capable of the sort of love that would drive a human being to abandon love itself to grow. I didn't want to admit that I was afraid of the arrows I might encounter; as a spirit, as a body with identity (queer, indigenous blah blah).

I was afraid because I had decided to forgo to ease of identity politics. Here is the truth; I was afraid because I had identified myself & truth did not match those monikers.

There is a loving spirit inside of me & it decided to write a book.

I conjured myself & it took on a look that I could not identify.

Here is my ode to Spicer: My vocabulary will not kill me.

& Here is my ode to anyone who wishes to place this book in relation to the politics of the day: A person can call themselves whatever they want to call themselves. We are sovereign beings. Our sovereignty can be challenged but it cannot be stolen. We are allowed to make mistakes. This is the right of all who exist but it also the responsibility of each to own their actions. I will not name myself for anyone. I will not measure the truth against my name. No name can be given to any human that cannot be taken away.

The truth is a name that we all share & there is truth & it is a feeling that we all know; & in its presence we

(Galactic we)

see ourselves in one another.

There are a million mirrors in 'The Poet' & a human being may peer into each. Each mirror vibrates at the speed of the truth that a human can hold. Each vibration is a posture. Every time we hold onto an idea we are posturing. A posture can strengthen, or it can kill. The only way to die from a posture is collapse. When we collapse, we can start from scratch.

The end game is this: to love thyself, to see thyself in all, to be the mirror, to be the one who looks into the mirror.

To know thyself. To love thyself. To be a mirror. To be the one looking into the mirror. To know no difference. To take a name. To die. To do it all again. & smile. To smile into infinity. To have a face etched in destiny. To be a face looking into a mirror that is looking at it self. To help. To be helped. To have it all.

This is a poem. This is a poet writing a poem. This is a poet who is a poem. This is a human being, being a poet, being a poem. This is a mirror looking into itself as light. This is a Genie. This is a lamp. This is an idle boy wishing & longing.

Find me. Want me. Love me.